



# Cabin Fever Chatter

► Fall 2011



The fall session runs from September 12th to December 3rd.

## Oakville Parent-Child Centre

When you visit our drop-in Centres we ask that you follow these guidelines:

- Sign in on our attendance sheet each week - **WE REQUIRE THIS!**
- If it's your first visit, you are required to fill out a drop-in form.
- Cabin Fever is for children newborn to age 5. However, if your child has turned 6 and is still in Kindergarten, they can continue to drop in until the end of August.
- Keep a watchful eye on your children at all times.
- Introduce your children to different centres in the room and participate with him or her. *Please avoid using laptops or cell phones or reading newspapers. This program is an opportunity for you to interact with your child.*
- Join the circle with your child during the program.
- Help your children keep playdough/sand toys at the appropriate activity centres.
- Encourage your children to tidy up and then the toys will be less likely to be damaged or broken.
- Have your child eat all food and/or drinks in our designated areas.
- Leave your coffee cups on the counters. This will keep them out of children's reach and help prevent spills on our carpets!
- Call the office (905) 849-6366 if your child has a communicable disease and has attended a program at the Centre.
- Please stay home if you or your children are not well or display the following symptoms:



Please note that programs will not be offered Thanksgiving weekend (Oct 8-10).

The maximum number of participants for our drop-in programs is as follows:

|               |    |
|---------------|----|
| NSR-Main      | 40 |
| Music Room    | 20 |
| NSR-Satellite | 40 |
| Sixth Line    | 40 |
| Florence      | 40 |
| St. John's    | 40 |

If we reach capacity, we will post a CLOSED sign until the numbers decrease. We must comply with fire codes.



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Unit #17  
Oakville, ON L6M 2V5



Phone: 905-849-6366  
Fax: 905-849-6377  
Email: info@op-cc.ca  
Website: www.op-cc.ca

- ⇒ Fever (over 98.6 degrees)
- ⇒ Diarrhea
- ⇒ Vomiting
- ⇒ Rash (undiagnosed)
- ⇒ Communicable disease
- ⇒ Persistent cough, or
- ⇒ Head lice.

The safety and enjoyment of all families visiting our Centre is important to us. We appreciate your cooperation.

**SNACKS** - Due to severe allergies in our Centre, we do not serve snacks in our Drop-in programs. If you feel that it is necessary for your child to have a snack at the Centre, you must :

- Obtain a snack card from the drop-in staff and eat in the designated area.
- Clean up the snack area after your child

**ALL SNACKS THAT ARE BROUGHT IN TO SNACK AREAS MUST BE NUT-FREE.**

**PLEASE NO NUTS!**



We are attempting to be a nut-free Centre.

**Do not bring:** Honey nut cheerios, granola bars, trail mix, or any food items where the ingredient label states "may contain nuts, nut products, or nut oils". Thank you for your assistance in helping to keep the Centre a safe place for all families! If you have any questions or concerns, please contact a Program Manager at (905) 849-6366.

**CAUTION PARKING** - Please use extreme caution when backing out of your parking space - children are in the parking lot!

**TOY LIBRARY**—Join the toy library and experience a new toy every two weeks! The cost to join our lending library is an annual fee of \$40. *Sign up today!*



**CHANGES TO OUR DROP-IN SCHEDULE**—You'll notice on our fall drop-in schedule we have added another "Fun for Little Ones" (newborn to 24 months) to Monday mornings at Sixth Line and Friday mornings at NSR-Main, and have moved "Caregivers Corner" to Thursday mornings at St. Johns School, and Calling New Parents will now be at NSR-Main.

**DAISY'S DUDS** - Daisy's Duds is our gently used children's toy and clothing store at our main location. It's an excellent fundraiser for the Centre. We also sell gently used books. Check it out soon!

**SPECIAL EVENTS/ FUNDRAISERS** - Check out our current events & fundraisers that may be happening at the Centre on our website [www.op-cc.ca](http://www.op-cc.ca), check the bulletin boards at our locations or ask a staff member!

**ERINOAKKIDS AUTISM SERVICES**—Please note that Jackie Gorven, Integrated Support Facilitator from ErinoakKids Autism Services will be visiting our Cabin Fever drop-in program at NSR-Satellite. She will assist families with issues relating to autism, communication, socialization and challenging behaviours. Jackie will be visiting Cabin Fever the 2nd Friday of each month.



**ERINOAKKIDS**  
Centre for Treatment and Development

