

PROBLEM SOLVING MODEL

For more information or assistance call Nikki Taylor: Parent Education Manager
@ Oakville Parent-Child Centre 905 849-6366 ext.22



Identify exactly what the problem is

**narrow down what the specific issue really is



Identify how big the problem is

** the child's perception



Brainstorm solutions

**there is no right answer here
**all ideas should be documented



Evaluate the solutions

**discuss the potential consequences to each solution
**eliminate any that are absolutely not acceptable



Choose one solution to try

**child makes the choice and takes action
** parent helps child develop a plan and if needed, practices strategy with child



Check in

**parent must follow up and help child evaluate success of solution



Problem solved

**wait for the next one
and do it again



Still a problem

**go back to another
solution