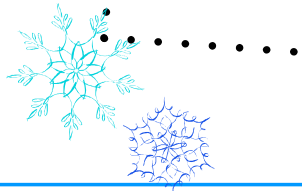


Winter Registration begins Tuesday, October 20th!



Parent Newsletter



Incident Weather / Closures
Programs at the Centre will be cancelled if the Halton Board of Education cancels the transportation and/or closes schools for the Oakville/Burlington area due to weather conditions. Please listen to your local radio station or watch your local TV station for school closure information. Parents will not be reimbursed for cancellations due to weather conditions. If you have provided us with your e-mail address, you will receive closure notification via e-mail. If you do not currently receive e-mails from us, the easiest way to sign up or update your information, is to go to our website and click on [Join our FREE Email Mailing List](#).

**Oakville Parent-Child Centre
DEIPP Clinic:**
Date: Friday, November 6th
Location: 481 North Service Rd
W, Unit 25
Time: 9:00-11:00 a.m.

For more information on DEIPP clinics or clinic locations throughout Halton, please check the Region's website: www.halton.ca.

Special Events

Halloween Fun Night - Thursday, October 29th

Come join the fun on Thursday, from 6:30-7:30 p.m. at BOTH our North Service Road locations for some Halloween fun plus loot bags for all little ghosts & goblins! More details will follow shortly.

Fareshare Food Drive - November 2nd

We are once again hosting a food drive to help stock the shelves of the food bank after the Thanksgiving holiday. Watch for more details on requested items. *Donations will be gratefully accepted at all our locations.*

Ladies' Night Dinner - Monday, November 23rd

How does a fun night out with friends old & new, at Sharkey's sound? Our Ladies' Nights includes dinner, silent auction, door prizes and more! We will provide more details shortly, but we're asking you to **SAVE THIS DATE!** ****If you can help out by donating an auction item/door prize, or securing one, please contact us.***



Christmas Shopping

Christmas Wreaths

A seasonal favourite, these beautiful wreaths go on sale **October 20th** until November 5th. They will be ready for pick up on Wednesday, December 2nd. Watch for details!

Samko Sales

If you shop at the Samko Warehouse from Wednesday, December 2nd to Sunday, December 6th, and/or Wednesday, December 9th to Sunday, December 13th, Samko will donate 10% of your purchase (before taxes) to the Oakville Parent-Child Centre. All you have to do is bring us your receipt! Look for more details at our sites and check out their website: www.samkosales.com

SAMKO SALES



Christmas Shopping *continued..*



Name Your Tune CDs

We will be selling these CDs - personalized with your child's name just in time for Christmas! Children will

hear their name more than 80 times throughout 14 much-loved songs. Look for more details in November. What a great stocking stuffer!



Cookie Safe Containers *In-house fundraiser*

Specially designed to hold the most popular brands of pre-wrapped single serving rice rusks, cookies, crackers etc... Created to take up as little space as possible in your bag, while helping to ensure that when you want to offer your little one a snack, you can actually give them one and not crumbs... **ONLY \$5 EACH!!** Made in Canada of FDA approved food grade polypropylene plastic and is totally BPA & PVC Free

Shop at Daisy's!
Our store at NSR-Main
is open Monday-Friday
from 8:30 am to 5:00

The Importance of Routines



With Christmas around the corner, it is often a time of chaos and excitement for children and families.

be times where someone else will need to care for your child. Your caregiver should be able to carry out the child's routines in your absence. Some handy tips to think about as you enjoy the holiday season:

example. Timers for teeth brushing can be helpful too!

- Inform your children ahead of time about changes to the routine. This will help them to adapt more easily.
- Remind children in a positive way, about expected behaviour and notice when they are doing it right!

Maintaining some routine in your child's day can help your child manage this busy time more happily.

Routines are important for all of us, but particularly for your child. They give children a sense of security, predictability and order at a time when things can seem overwhelming.

Routines need to be simple, and easy for anyone to do. There may

- Try to keep some of the key routines like bedtime and mealtime as consistent as possible.
- Be aware of your child's energy level and stress level. Often children are not sleeping as much or as well as usual. This is a time when sensitivity to our child's needs and coping abilities needs to be considered.....often.
- Be aware of your own stress level, and make sure there is regular down time in your routine for everyone.
- Use pictures, timers etc. Find tools that help you and your child to get through the routines successfully. Use pictures of all the steps to getting dressed for

In times of distress, disruption or just a busy life, routines can give your children familiarity, security and a sense of control. Think about and plan great routines for your child. You will all reap the rewards! We hope you have a very safe holiday season, filled with joy, laughter and lots of time with family.

Nikki Taylor,
Parent Education Manager
